

## **VLASINKA**

<b>Origin:</b>	South east part of Serbia
<b>Formation:</b>	Open circle, arms in belt hold
<b>Meter:</b>	4/4

### **FIGURE I**

Facing line of direction  
6 walking steps to the R, starting with R ft  
Face centre

Chorus:      Small step to the R, small step to the L, cross R over L  
                    Small step to the L, small step to the R, cross L over R  
                    Small step to the R, small step to the L, cross R over L

Repeat all the above to the L with opp. Ftw and direction

### **FIGURE II**

Step R with R ft, close L ft to R and two bounces  
- 3 times

Repeat chorus

Repeat whole thing to the L with opp. Ftw and direction

### **FIGURE III**

Jump on both feet, hop on R, bring L ft behind R ft  
- 3 times

Repeat chorus

Repeat whole thing to the L with opp. Ftw and direction

## **CRNOREČKA RUMENKA**

<b>Origin:</b>	Eastern part of Serbia
<b>Formation:</b>	Open circle with hands in the belt
<b>Meter:</b>	2/4

### **PART I**

(a) Starting with R foot take 16 running steps in LOD.

(b) face centre.

Step on R to R, step on L in front, step on R behind L, step on L to L, step R in front, step on L behind R.

- Repeat (b)

(c) Hop on R, step on L in place, step on R in place.

- Repeat 3x

(d) Step on L fwd, step on R behind L, step on L beside R.

- repeat to R. Repeat to L, R, L.

### **VARIATION**

Instead of the running step, do grapevine steps.

### **PART II**

Leap fwd on L, leap back on R in place

Step 3 quick steps in place L, R, L

Step on R, step on L across R, step on R in place,

Step on L to L, step on R in place, step on L across R, step on R and lift L

Repeat Part II 4 times.

## **POLOMKA**

<b>Origin:</b>	East Serbia,
<b>Formation:</b>	Open circle, hands with belt hold
<b>Meter:</b>	2/4

Facing centre

### **FIGURE I**

Step L, R behind L, L, R, L returning your body to the L  
Starting with R ft take 7 quick steps fwd (weight on the 7<sup>th</sup> step)  
- Repeat the Figure I - 4 times

### **FIGURE II**

Hop on R, step L in front, step on R in place  
L, R. L in place

R ft comes forward, step on L in place, step R beside L  
Step on L in place, step on R fwd  
Step on L in place, close R to L  
- Repeat the above figure 4 times

### **VARIATION TO FIGURE I**

- Repeat the Figure I, but jumping and moving to the centre

### **FIGURE III**

Step L, step R behind, step L, R, L  
Step R, stamp L, step R, stamp L, step R, stamp L, step R

## **ČIČINO KOLO**

<b>Origin:</b>	Central Serbia
<b>Translation:</b>	Grandfather's Kolo
<b>Formation:</b>	Open circle with arms in "V" position; bouncy
<b>Meter:</b>	2/4

### **FIGURE 1**

- Slow facing centre; moving to right; bouncy.

Step on R to R; step on L in front of R

Step on R to R; step on L behind R

8 x

On 8<sup>th</sup> time, close L to R

### **FIGURE 2**

- Facing LOD

Walk fwd R, L, R, 2 quick steps, L, R with L ft slightly in back of R & R in place.

Walk L,R,L, quick steps R, L with R slightly back of L & L in place

### **FIGURE 3**

- Facing centre.

Step R to R, step L across R, step R to R, touch L.

Step L to L & touch R; step R & touch L.

Repeat to L

### **FIGURE 4**

- Face centre.

Step R to R, step L across R, step R, 2 quick step L,R

(L slightly behind R, R across L)

2 quick R,L (R slightly behind L, across R); 2 quick steps L,R

(L slightly behind R, R across L)

Repeat to L.

Repeat all of #4.

### **FIGURE 5**

- Facing centre; moving to R diagonal

Step R, step L to R, step R close L to R (no weight on L)

Step bkwd on diagonal with L; close R to L (no weight on R)

Face diagonal L, step bkwd on R, close L (no weight on L)

Repeat to L

**FIGURE 6**

- Facing centre

8 quick, small sideways steps, starting R

Step sideways on R, bending knee a little

Two quick steps – step sideways on L, step on R crossing behind L

Land on both feet, bending knee a little

Close R to L

Repeat all the above with opposite footwork moving sideways to L

## **BRE DEVOJČE**

<b>Origin:</b>	Serbian dance from Kosovo region
<b>Formation:</b>	Open circle facing the center with arms in “W” position
<b>Meter:</b>	2/4

### **FIGURE 1**

Step on L to center; touch R toe beside L.  
Step on R slightly diagonal R (arms move to right).  
Step on L behind R (arms move to left).  
Step R to R; touch L beside R.

Repeat Figure 1 for a total of 11 times.

### **FIGURE 2**

Moving toward the center but slightly diagonally right.  
L together L  
Step on R to R (arms move to right); step L behind R (arms move to left).  
Step R to R; touch L beside R.

Repeat Figure 2 – 3 times.

Repeat Figure 1 – 2 times.

Repeat Figure 2 to the end of the dance, bringing the arms down.

## **NIŠKI ČAČAK**

<b>Origin:</b>	South Serbia - Niš
<b>Formation:</b>	closed or open circle, belt hold or "V" position
<b>Meter:</b>	2/4

Leader can call when to change the figures.

### **FIGURE I**

Step R to R, step L behind R, 2X  
Step R touch L, step L touch R, step R touch L  
Step L to L, step R behind L  
Step L touch R, step R touch L  
Step L to L, step R behind L, step L touch R  
Repeat Figure I 2X

### **FIGURE II**

Body is slightly bent fwd.  
Step R to R, step L across R 2X  
Step on R, reel L behind R, step on L, reel R behind L, step on R  
Step L to L, R across L, step L to L, touch R  
Step R fwd to R, touch left  
Step on L bkwd, step R bkwd, step L bkwd, rise R

Repeat Figure II 2X

### **VARIATION OF FIGURE I**

Step R to R, step L behind R – 2x  
Step R touch L, step L fwd, touch R  
Step R bkwd touch L.  
Step L, cross R behind L, bring L to R & touch R  
Step R fwd, touch L, step L to L, step R behind L  
Step L, touch R.  
Repeat Figure 2x

## **VLAJNA**

<b>Origin:</b>	Eastern part of Serbia, near Romanian border
<b>Formation:</b>	Open circle with belt hold. Style bouncy
<b>Meter:</b>	2/4

### **FIGURE 1**

Stamp-step on R to R, stamp L beside R with no weight. Stamp-step L to L, stamp R beside L, no weight.

Step R to R, step L beside R, step R to R, stamp on L with no weight.

Step L to L, step R beside L, step L to L, stamp on R with no weight.

Repeat Figure 1

### **FIGURE 2**

Step R to R, step L slightly in front R, repeat 3 times.

Step R to R, lift L. Step L, lift R; step R, lift L.

Step L to L, step R beside L, step L, stamp R with no weight (upper body sways)

Repeat Figure 2

### **FIGURE 3**

1. Step R to R, step L behind R, step R to R, step L across R, step R to R, step L behind R. Step R to R, hold.
2. Step L into centre, raise R behind L; step R out of centre, hold. Moving to L. Step L to L, step R beside L; step L to L, stamp R beside L with no weight (upper body sways)

### **FIGURE 4**

Repeat # 1 of Figure 3; in #2 of Figure 3 – reel step L behind R, reel R behind L.

Moving to L – step L to L, step R beside L; step L to L, stamp R beside L with no weight (upper body sways)

Repeat Figure 4

### **FIGURE 5**

Repeat #1 of Figure 3; in #2 of Figure 3 – step on L, stamp R beside L with no weight; step on R, stamp L beside R with no weight.

Moving to L – step on L, scuff R; step on R, scuff L step on L, stamp R.

Repeat Figure 5

### **VARIATION ON FIGURE 5**

(Done on 3<sup>rd</sup> repeat of dance)

Repeat #1 of Figure 3; in #2 of Figure 3 cross L over R; step on R in place.

Place L on floor in front of R, bending knees and hold.

Close L to R.



## **VELIKO BACKO KOLO**

<b>Origin:</b>	Backa region, northern Serbia
<b>Translation:</b>	A small dance from Backa region
<b>Formation:</b>	Circle with M and W. Man has his arm around the W waist. W has her hand on M shoulder.
<b>Meter:</b>	2/4

### **PART I**

Facing centre

Step R to R, step L to L, step L to L, step L back; step R across L, close L beside R.

### **VARIATION of PART I**

Step R to R, step L slightly back, step R across R, step L beside R, step R behind L.  
Step L slightly back, step R across L, close L to R.

### **PART II**

Take a small leap onto R, lift L foot behind R ankle & hop on R.

Hop R bringing L ft & step on L in front of R.

Jump on both feet (toes together, heels apart) close both.

Hop on L, stamp R (2x)